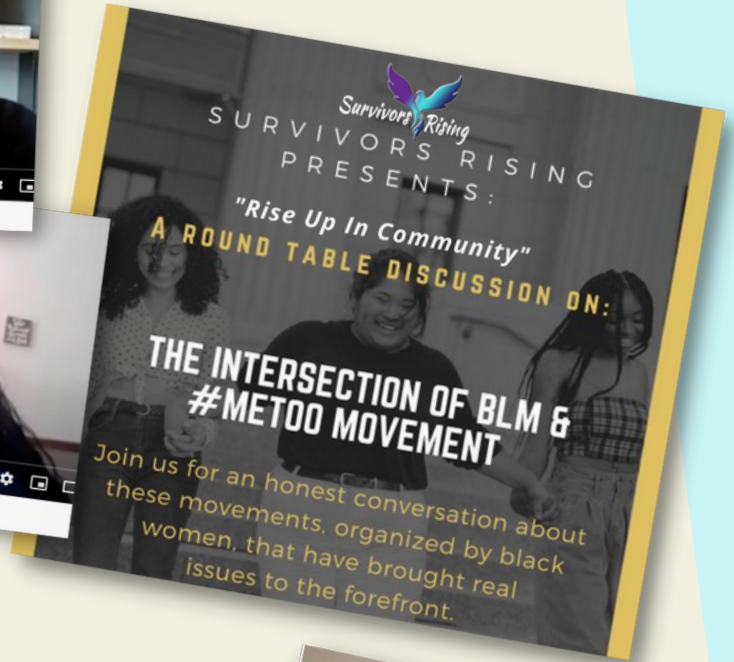
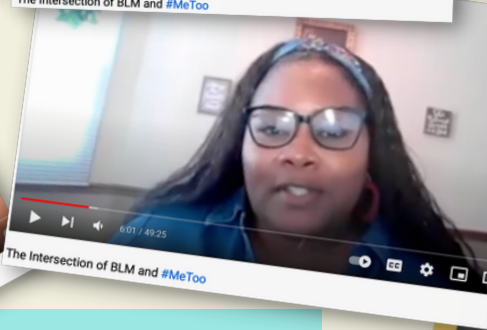


2021 Programming Recap

SURVIVORS RISING

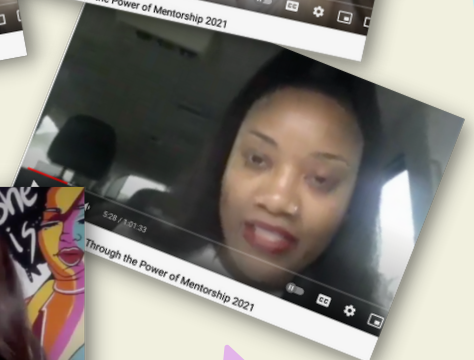
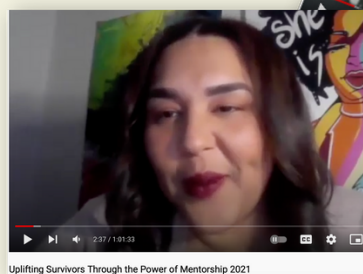
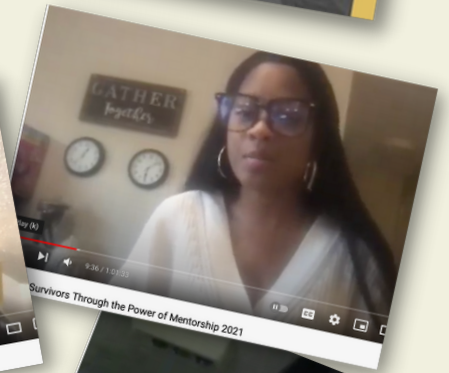
"RISE UP IN COMMUNITY" Conversations



Black Women-Led Survivor Movements



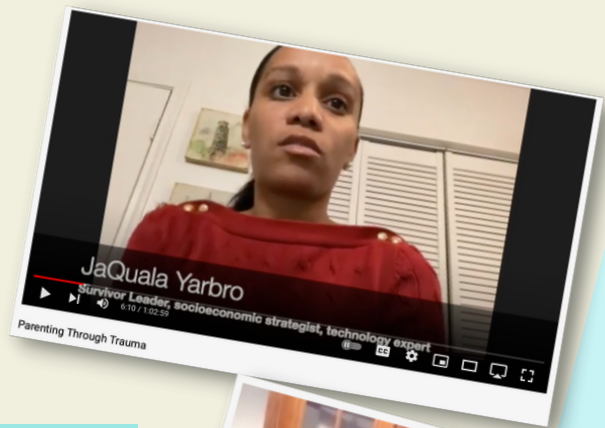
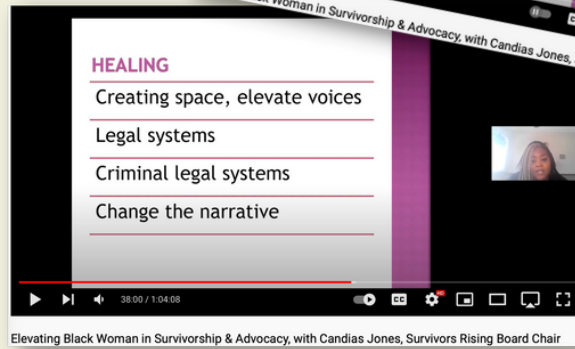
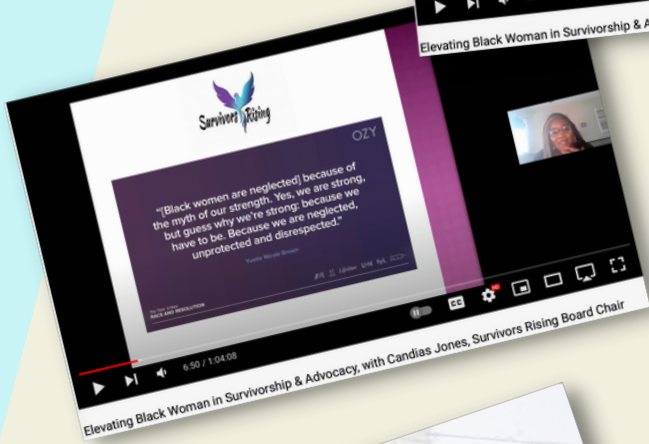
Mentorship Uplifts Survivors



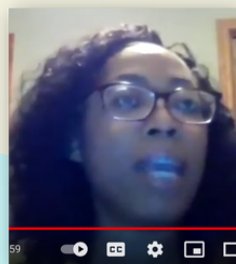
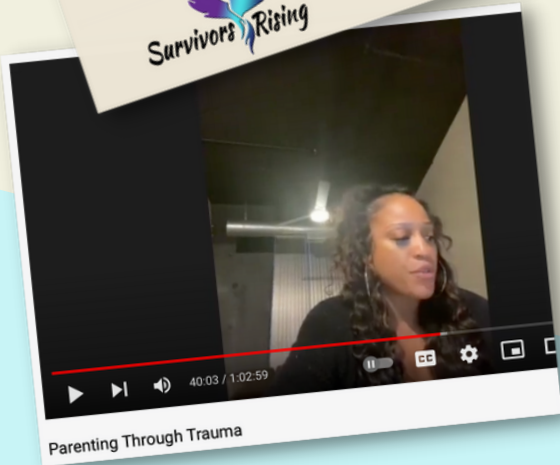


"RISE UP IN COMMUNITY" Conversations

Elevating Black Women in Survivorship

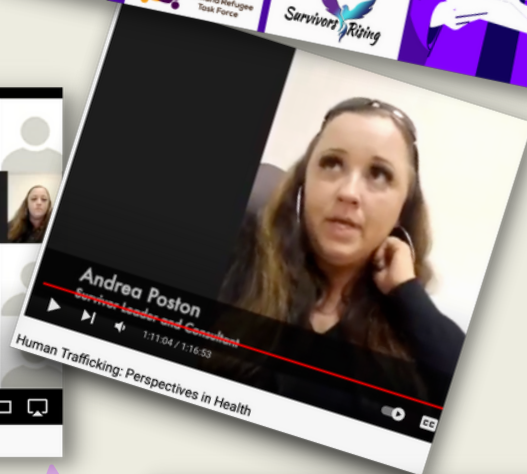
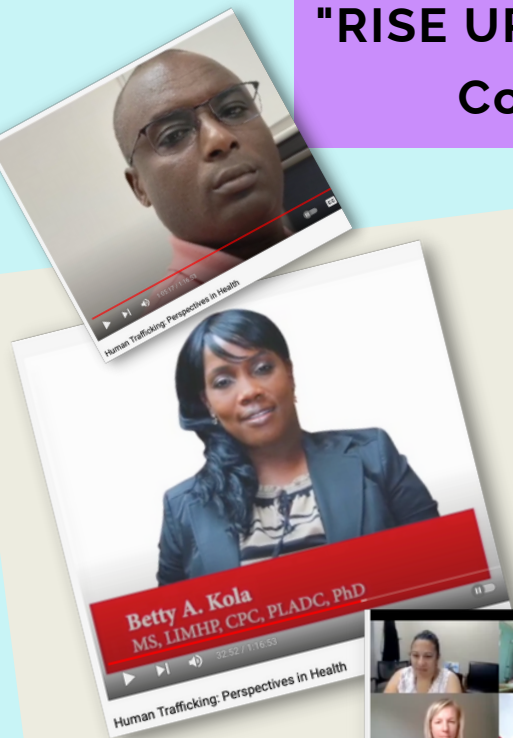


Parenting Through Trauma

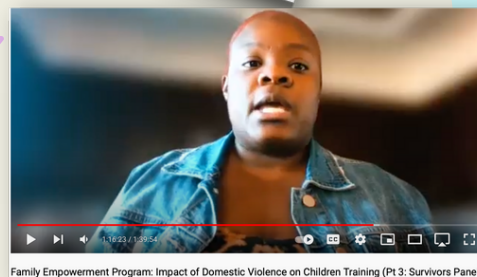


"RISE UP IN COMMUNITY" Conversations

Intersection of Human Trafficking and the Refugee Community



Impact of Domestic Violence on Children



Human Service Professionals and Educators are invited to attend

IMPACT OF DOMESTIC VIOLENCE ON CHILDREN

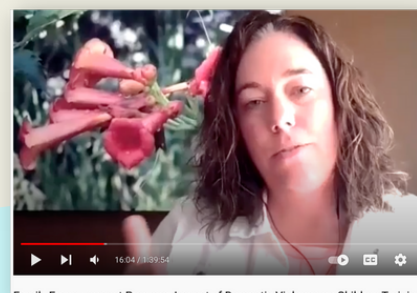
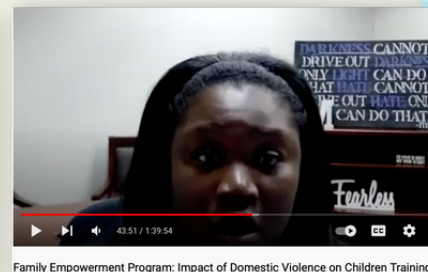
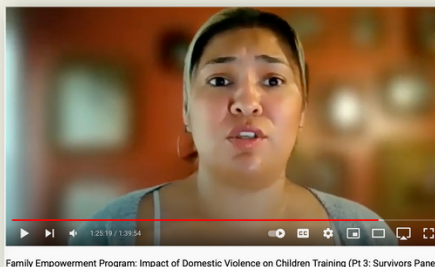
Keynote is provided by Dr. Sandra Graham-Berman, Professor of Psychology and Psychiatry at University of Michigan. Dr. Graham-Berman, a leading expert on the impact of family violence on children, including children in culturally diverse groups, will address the impact of violence on different stages of children's development, protective factors and ways to support children.

Learn from a panel of parent survivors who share their experiences of domestic violence, parenting and healing.

Tuesday, September 28, 2021
9am-4pm
Via Zoom



Register to attend at: dhernandez@childsaving.org



MORE Movement in Omaha for Racial Equity and our partners present a civil dialog:

Facts & Myths of Critical Race Theory (CRT)

Co-Sponsors:
 College of Saint Mary
 Inclusive Communities
 Nebraskans for Peace
 Sisters of Mercy of the Americas
 Survivors Rising
 Women's Center for Advancement

6:00-7:30PM
THURS SEPT 16

FREE PUBLIC VIRTUAL



New Partnerships for Change



Awareness + Action = Social Change

THE VIP CENTER & STUDENT COUNSELING SERVICES PRESENT:

Awareness + Action = Social Change

Thursday, October 21st
 5:30pm-8:00pm
 Creighton University

Schedule of Events:

- The Hunting Ground Documentary Screening & Group Discussion
 Harper Auditorium
 5:30pm-7:00pm
- Awareness March
 Creighton Mall
 7:00pm-7:30pm

Speaker from Survivors Rising & Call to Action
 Skutt Student Center 104
 7:30pm-8:00pm

TRIGGER WARNING
 THIS EVENT WILL INCLUDE READINGS, MEDIA, AND DISCUSSIONS AROUND SEXUAL ASSAULT, DOMESTIC VIOLENCE, STALKING, PHYSICAL VIOLENCE, AND IDENTITY-BASED DISCRIMINATION AND HARASSMENT. I ACKNOWLEDGE THAT THIS CONTENT MAY BE DIFFICULT. I ALSO ENCOURAGE YOU TO CARE FOR YOUR SAFETY AND WELL-BEING.

IF YOU EVER WISH TO DISCUSS YOUR REACTIONS TO THIS MATERIAL AFTERWARD, REACH OUT TO THE VIOLENCE INTERVENTION AND PREVENTION CENTER AT (402) 280-3794 OR STUDENT COUNSELING SERVICES AT (402) 280-2735.

121 black balloons are lining the Creighton Mall; each of the balloons represents a student who received services from the Violence Intervention and Prevention Center relating to sexual violence or dating violence over the last year. As you walk down the Creighton Mall, you will read survivor stories and view national, state, local, and university statistical data on Intimate Partner Violence, Sexual Assault, Stalking, and Harassment.

Become part of the solution!



COMMUNITY EDUCATION



1st Annual "Survivors Rise Up" Conference



9:15 AM - Meet & Greet

9:30 AM - Welcome

9:45 AM - Elevating Black Women in Survivorship and Advocacy Work with Candias Jones

11:00 AM - Intro to Legislative Advocacy with Angie Lauritsen

NOON - Brown Bag Lunch & Learn

1:00 PM - Writing for Mindfulness with Sharon Robino-West

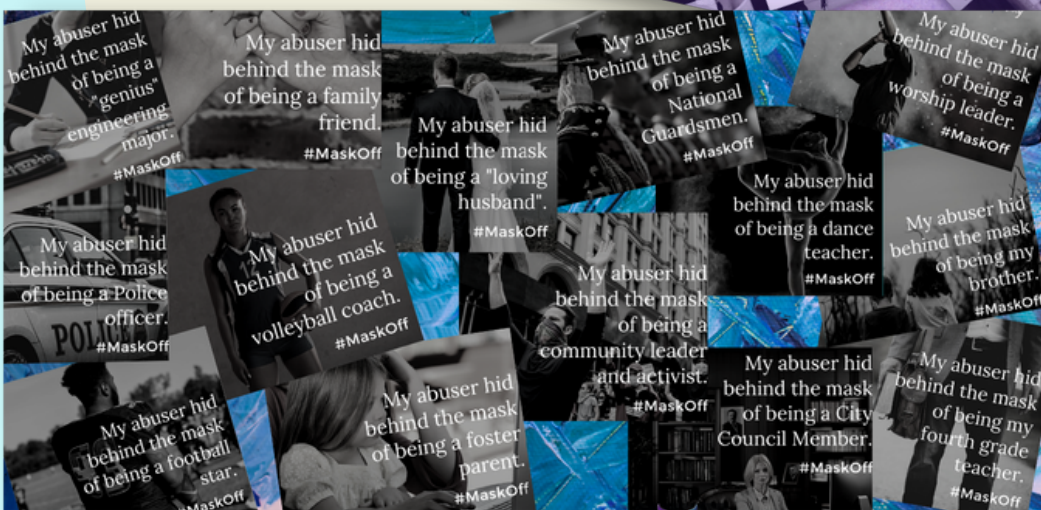
2:15 PM - Men Against Domestic Violence: Changing the Mindset with Bobby Brumfeld



Financial Literacy



Hashtag Series with Survivor Input



SURVIVOR SKILL-BUILDING



Survivors Rising
SURVIVORS RISING PRESENTS:
RISE UP AND SPEAK
Your story deserves to be told!
Let your voice be heard!



Speaking & Facilitation Techniques

Let's go

Presentation Overview

1. Why share your story
 - a. Your WHY
 - b. Requestor's why
2. When to share your story
 - a. Mental health
 - b. Preparing your circle
 - c. Seasonal awareness
3. Where to share your story
 - a. Different platforms
 - b. Speaking engagements

What are the Goals of Rise Up and Speak?

1. To equip survivors with tools to help them identify and share their story effectively.
2. To identify triggers and barriers to sharing your story



Post Traumatic Growth

Post traumatic growth or benefit finding is positive psychological change experienced as a result of adversity and other challenges in order to RISE to a higher level of functioning.



Survivor Networking Opportunities



Survivors Rising
SURVIVORS RISING PRESENTS:
RISE UP AND MEET



EVENTS



Annual October Event: "We Survive Together"



"Rise Up & Celebrate"
the holidays
with us



Survivor's Rising Presents

Rise Up and Celebrate

Survivor's Holiday Season Celebration

Let's close out the year with a bang by coming together, exchanging gifts, and sharing a meal! We survive together and we shall celebrate together!



Dec. 18, 2021 • 4PM
5858 Wenninghoff Road



Cost of admission is one gift (no more than \$10) to exchange with another survivor!
"everyone will leave with a gift even if not able to come with one."

THANK YOU!



To our
Incredible
Board of
Directors:



To our
Vibrant
"Rise Up in
Community"
Partners:



To our
Awesome
Funders:

And to all of YOU,
our Loyal and
Generous
Supporters!



Omaha Community
Foundation
Good grows here.

